The Official Newsletter Of Kennedy Wrestling

GRAPPLIN' COUGAR

VOLUME 17 ISSUE 1 OCTOBER 2014 Pre-season #1 ranked Dan Arkow (3rd in county tournament last season) will lead a balanced Cougar line-up into the 2014-15 season!



Alumni Day Friday, December 19, 2014

BELLMORE JFK VS. COLD SPRING HARBOR 7:00 PM

	NAME:
ADDRESS (IF NEW):	CHECKS PAYABLE:
GRADUATION YEAR:	COUGAR WRESTLING ALUMNI
E-MAIL:	
SHIRT SIZE:SMALLMEDLARGEXL	XXL
YES, I WILL ATTEND ALUMNI DAY. ENCLOSED IS A DONATION OF \$25.00\$50.00\$100OTHER	F:
NO, I UNFORTUNATELY CANNOT ATTEND. ENCLOSED IS A DONA	I'ION OF:
\$25.00\$50.00\$100OTHER	

STEVE CAVAYERO OUR ONLY NCAA CHAMPION! READ BELOW: (TAKEN FROM HIS HALL OF FAME PLAQUE AT SUNY BINGHAMTON)

A native of Bellmore, NY, Steve Cavayero wrestled at Binghamton from 1976-1978. He majored in sociology before transferring to UCLA, where he received his bachelor's degree in 1980.

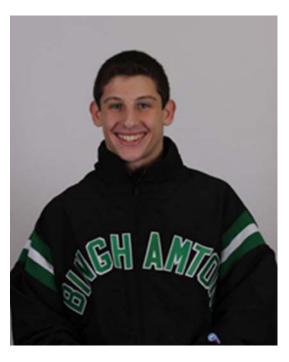
Cavayero became Binghamton's first-ever national champion when he captured the 142-pound title in BU's West Gym at the 1977 NCAA Championships. That same year he won both New York State and SUNYAC Championships - earning Most Outstanding Wrestler honors at the all-division state tournament. The Amateur Wrestling News selected him as its top freshman 142-pounder in the entire country.

In 1978, Cavayero became the school's first and only two-time national champion when he successfully defended his 142-pound title at the NCAA Championships. Cavayero then competed at the Division I national championships, where he placed seventh, earning All-America distinction.

As team captain in 1977-78, Cavayero led the Colonials to 11 dual wins and a fifth-place team national finish. For the second-straight year, he was named both the team's MVP and BU's "Athlete of the Year."

At UCLA, Cavayero became a PAC-10 conference runner-up and a Division I national qualifier in 1980.

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BEST OF LUCK TO RED SHIRT FRESHMAN ROBERT PERSON (CLASS OF '13) ROBERT IS THE PROJECTED STARTER @ 133 LBS. FOR DIVISION I SUNY BINGHAMTON.

THE FORMER TWO-TIME NASSAU COUNTY CHAMPION HOPES TO HAVE THE SAME SUCCESS AS PAST KENNEDY GREATS STEVE CAVAYERO (TWO TIME NCAA CHAMP), KEITH CAVAYERO (TWO TIME ALL-AMERICAN), AND MIKE CARRA (ALL-AMERICAN) ALL THREE WRESTLED FOR THE BEARCATS!

FROM BEARCAT WEBSITE:

ROBERT PERSON

Red shirt-FreshmanHeight:5'6"Weight:133Hometown:Bellmore, N.Y.High School:Bellmore-JFK

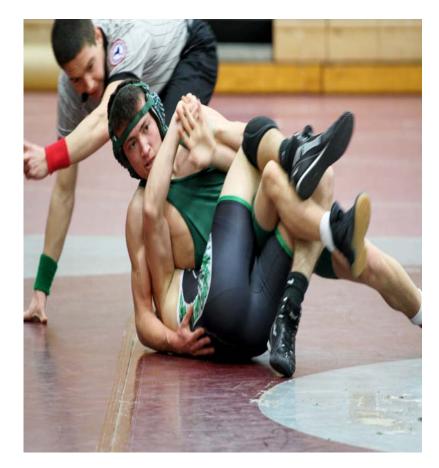
As a Freshman (2013-2014) ■Member of the Fall AD Honor Roll (3.3 GPA or above)

Before Binghamton ■Two-time state place-winner and five-time letter-winner at Bellmore-JFK High ■Two-time sectional champion ■Two-time team captain ■Set school records with 175 career wins with 96 pins

■ Three-time state qualifier

MYLES MINERVA

QUALFYING TOURNAMENT PLACE-WINNER





RETURNING ALL-COUNTY & #1 RANKED

DAN ARKOW



RETURNING ALL-CONFERENCE & PRESEASON #5 RANKED VINNY BAGNASCO (TOP) & ANTHONY LANZANO



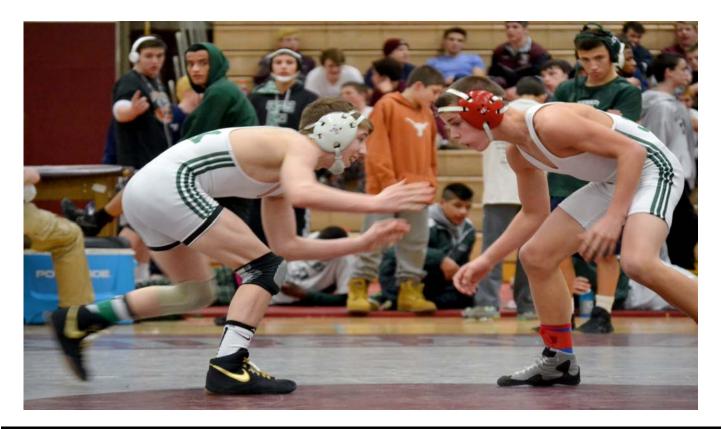
ALL-CONFERENCE WRESTLERS

MATTHEW SCHWARTZ & JACK KRUG

BOTH HAD BROTHERS WHO WERE STANDOUT WRESTLERS FOR KENNEDY!

ALL-COUNTY BOBBY KRUG & 2X ALL-CONFERENCE BRIAN SCHWARTZ

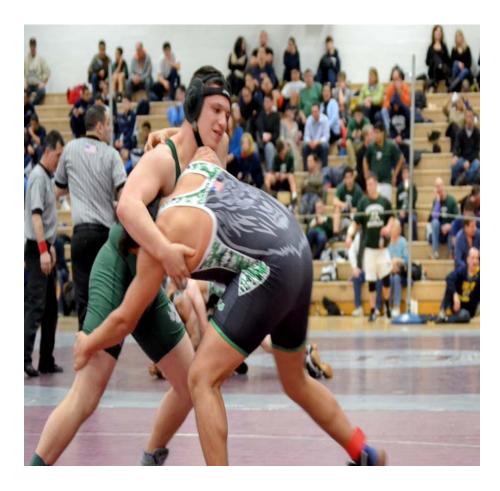




SOPHOMORE STANDOUT JACK JONES (TOP) & 2X RETURNING ALL-CONFERENCE

AYDIN KESSLER







On behalf of the Kennedy wrestling team I would like to thank all of our alumni who made contributions

this past season.

Your generous contributions have helped our wrestlers receive quality instruction in the off-season from some of the finest coaches in the country. I truly believe without your support we can't succeed.

We hope to build on our success this past season and bring home the long awaited county championship.

COUGAR PRIDE

THE SEIDMAN FAMILY JOSH SETTON MIKE MORRISON PHIL DANIELE THE ETRI FAMILY THE LAURINO FAMILY THE D'ALTO FAMILY LARRY DANIELE HOWARD SCHUMAN THE RUSSO FAMILY THE DURSO FAMILY THE NOVAK FAMILY THE GOLDMAN FAMILY THE MAHER FAMILY STEVEN WUNDERLICH PETE CREAMER J-COLE CONSTRUCTION THE FRANK FAMILY TCHAIKOWITZ FAMILY THE BERNARD FAMILY THE NANOS FAMILY ERIC LUBELL THE SONESON FAMILY THE ESKENAZI FAMILY THE GINSBERG FAMILY RICH LUBELL RICK WOLFSON THE CAVAYERO FAMILY THE SCHWARTZ FAMILY DAN LUBELL MICHAEL ABGARIAN COL. STEVEN HUNTE THE WEISS FAMILY

SCOTT BECK MIKE MILLER THE VANMANEN FAMILY FRAN LUCKMAN THE AHRONHEIM FAMILY PETER SCHMITT JEREMY ROSEN THE PINGITORE FAMILY FLYNN HILL ALEX ASHLEY DOMINIC GRECCO MIKE DUBIN JEFF AND LORI LUCKMAN THE MOLINA FAMILY THE FRIEDBERG FAMILY REGGIE JONES JR. CHERYL LUCKMAN-SIMMONS THE AZRAK FAMILY DON JACKSON FRANK MASSARO THE POPPER FAMILY MICHAEL PESKIN JOHN JUTT ANDREW ZANG THE SNOW FAMILY ILYA SHCHERBA THE EDELSTEIN FAMILY ALEX DIGIOVANNA THE WORSDALE FAMILY DR. STEVEN KAHN MARK MILLER IOHN ZUCCHERO

SAL ESPOSITO

ROBERT KAPLAN MICHAEL TOBACK JEFF NACHOWITZ THE HESSLER FAMILY THE BREMAN FAMILY DR. AARON BERNARD ROBERT BERNARD DEREK BERNARD PHIL DRAGO THE ROOCKE FAMILY BOB WIGAND KEITH BEHLMER ALEC KORNFELD ALAN HIRSCH SHELDON HIRSCH THE REEPS FAMILY GLEN MURPHY BARAK MERAZ THE MILLS FAMILY THE LOMBARDI FAMILY THE SIEGLER FAMILY HOWARD & SUSAN SCHWARTZ THE COGEN FAMILY THE RASKIN FAMILY CHIP MORRISON THE CARNEY FAMILY KEITH MCDERMOTT THE PASSARO FAMILY THE SMITH FAMILY THE LURIE FAMILY THE CASSON FAMILY THE GOLDBERG FAMILY

DYLAN KILKENNY RYAN TERRILL BRYAN KAPLAN JONATHAN SILVERMAN JACOB SCHWARTZ ALAN FLEISHMAN THE KRUG FAMILY THE PIZZIRUSSO FAMILY THE TRAUM FAMILY HARVEY CAVAYERO ESQ. RON STEIGER MICHAEL MORRISON JARRETT PLAFKER JOE MORRISON DANIEL PERE THE ZALUD FAMILY DREW SKOLNIK MATT ACCETTA SPENCER FRANKEL THE LUXMORE FAMILY THE ESPOSITO FAMILY RICHARD GRECO JOHN SCHAEFER THE PERSON FAMILY DAVID GREENSTEIN AJ COLEMAN

BELLMORE-KENNEDY WRESTLING BUILDING CHAMPIONS FOR OVER 40 YEARS

Dear Alumni and friends of Cougar wrestling:

Since 1999, our Cougar Alumni has been giving out a scholarship each year to one of our graduating seniors. The criterion for the scholarship has been a senior who excelled in the classroom and on the wrestling mat at Kennedy High School. The scholarship was re-named during the 2000-01 season in memory of Eric Luckman (class of 1985). Eric was a former Division Champion and three sport athlete who died tragically in a car accident. With the help of the Luckman family, and our very supportive alumni, we have been able to give out this scholarship to a deserving senior and preserve Eric's memory as a great wrestler and teammate.

The Cougar Alumni Club along with the Kennedy coaching staff have expanded the scholarship. We have two goals. Our first goal is to keep the scholarship going as long as Kennedy High School is an academic institution. This will insure that all future wrestlers will have an opportunity to win the scholarship. Our second goal is to expand the scholarship to underclassman who aspires to train at camps in the summer and compete at local, regional, and national championships. Each year the sport provides more opportunities for wrestlers to improve on their skills that will help them become a champion. This past summer most of our team traveled to Pennsylvania, Minnesota, Ohio, Ithaca, and Virginia at various camps and National tournaments. We will also be hosting our own clinic this summer in which we will be bringing in local NCAA National Champions and All-Americans.

Wrestling is currently the #1 sport at Kennedy and has been consistently the most successful sport. We are the only sport in the school that has support from their Alumni and awards scholarships to their student-athletes. The extra things we do for our wrestlers separate us from the other sports and have motivated our wrestlers to be at the top of Nassau County wrestling.

Please support us in this effort to promote wrestling at Kennedy High School. If you have any questions, please call Coach Brian DeGaetano at 516-992-1430. Thank you for your continued support.

Please Make checks payable to Cougar Wrestling Alumni

Name:					
Address:					
Phone:					
E-mail:					
Amount: \$25_	_\$50\$100_	other			
SHIRT SIZE:	XXL	XL	LG	MED	SM

Mail to: Brian DeGaetano Wrestling Coach JFK High School 3000 Bellmore Ave Bellmore, NY 11710

BELLMORE-KENNEDY WRESTLING 2014 - 15

12-3	WED	KELLENBERG	5:00/7:00 PM
12-6	SAT	MACARTHUR TOURNAMENT	9:00 AM
12-8	MON	JV ROUND ROBIN-WW/LB/EM	4:30 PM
12-12	FRI	SPRIG GARDNER TOURNAMENT @CALHOUN	4:30 PM
12-13	SAT	SPRIG GARDNER TOURNAMENT @ MEPHAM	9:00 AM
12-19	FRI	COLD SPRING HARBOR (ALUMNI DAY)	5/7:00 PM
12-20	SAT	NORTH BABYLON TOURNAMENT	9:00 AM
12-23	TUES	@ PLAINVIEW	6:00 PM
12-29,	/30 MON/TU	ES HHH TOURNAMENT (JV) CLARKE DUALS (VARSITY)	10:00 AM 9:00 AM
1-6	TUES	MEPHAM*	5/7:00 PM
1-9/10	0 FRI/SAT	EASTERN STATES	TBA
1-13	TUES	@ JERICHO*	4:30 PM
1-15	THURS	@ WESTBURY*	5:00 PM
1-17	SAT	OYSTERBAY DUALS (JV) FARMINGDALE DUALS (VARSITY)	9:00 AM 9:00 AM
1-19	MON	FARMINGDALE JV TOURNAMENT	9:00 AM
1-21	WED	@ GARDEN CITY*	4:30 PM
1-22	THURS	@ GREAT NECK SOUTH*	6:00 PM
1-24	SAT	BUSBY DUALS (JV) BELLMORE DUALS (VARSITY)	9:00 AM 9:00 AM
1-30/2	1-31 FRI/SAT	NASSAU COUNTY DMT CHAMPIONSHIP	TBA
2-7	SAT	NASSAU COUNTY QUALIFYING TOURNAMENT	9:00 AM
2-13/2	15 FRI/SUN	NASSAU COUNTY CHAMPIONSHIPS	TBA
2-27/	2-28 FRI/SAT	NEW YORK STATE CHAMPIONSHIPS	TBA